بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

কালেমা শাহাদাত ঃ

After having meals we should say:

and I also testify that Muhammad (S) is His servant and messenger.

Ash-Shahada: (ঈমান)

A Muslim declares his faith by saying:

আল্লাহ্ ছাড়া কোন মাবুদ নাই, মুহাম্মদ (দঃ) আল্লাহ্র রাসূল।

There is no god but Allah, Muhammad (S) is the messenger of Allah.

Every muslim must believe in oneness of Allah and Muhammad (S) was chosen by Allah to convey His message to the people of the world. Muhammad (S) has shown us the right path. This declaration is called "KALIMAH TAYYIBAH". A Muslim has to read it , understand it and act upon it. This is the first pillar of Islam.